North County Lifeline ANNUAL REPORT 2016/17 TWSPIRAL METHON

north Lifeine

ALCES OF STREET

FIRELIANCE

MISSION

To build self-reliance among youth, individuals and families through problem solving, skill-building and accessible comunity-based services.

My biggest fear was getting older because of what the Crown Heights streets would do. Club Crown Heights made me the man I am today. Now I can say I am the first in my family to graduate and attended a 4-year college at Cal State San Marcos, setting my sights on graduating with a degree in Psychology. - Jose, Youth Program Alumni

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A LETTER TO OUR PARTNERS

Annual Report

BOARD OF DIRECTORS

DEAR COMMUNITY PARTNERS,

Thank you for supporting North County Lifeline's mission to help youth and families achieve self-reliance. You have truly changed lives this past year.

Many of Lifeline's families are facing uncertain times. Our clients are oftentimes the community's most vulnerable, overcoming challenges such as poverty or family violence. Many are impacted by immigration policies. Funding for prevention programs are at stake, along with healthcare funding which includes critical mental health services.

Lifeline remains committed to the prevention and intervention programs which have proven to be effective.

Private dollars have been instrumental by supporting youth and families when they need it most. Donations meet urgent needs and allow Lifeline to be responsive to trends and gaps. And while shifting priorities are a challenge, government funding provides a foundation of multi-year financial commitments and represents the majority of Lifeline's annual revenue stream.

More than ever, we rely on private donors to support the community's most vulnerable yet inspiring clients on their path to self-reliance.

- Victims of Human Trafficking
- Foster Youth Ages 18-24
- Homeless Families
- At-Risk Youth
- Children with Mental Health Needs

• Families Overcoming Abuse Demand for Lifeline's services have increased significantly.

Lifeline worked with 6,175 youth and families this past year-an increase of 16% over the previous year. In addition, Lifeline's revenue grew by 12%.

Now is the time to give more. We hope you will continue to support hardworking families and youth who are overcoming tough odds. In the words of a young woman who spent most of her life in foster care: "Lifeline has helped me grow into an independent and responsible adult."

Beyond the challenges and vulnerability lies incredible inspiration. Thank you for inspiring us to push ahead. Your support makes a difference.

Sincerely,

Mary Urelius-Daum Don Stump Board Chair **Executive Director**



Mary Urelius-Daum Board Chair



Don Stump Executive Director

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2016/2017





L/R: Paul Cevolani, Betty Graff, Don Stump

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North County Lifeline

MAP



Annual Report

····· LIFELINE LOCATIONS

Administrative Offices 3142 Vista Way, Suite 400 Oceanside, CA 92056

Coast Client Center 707 Oceanside Boulevard Oceanside, CA 92054

Vista Service Center 200 Michigan Avenue Vista, CA 92084

Club Crown Heights, La Escuelita 1210 Division Street Oceanside, CA 92054

Club Crown Heights, La Casita 402 Brooks Street Oceanside, CA 92054



••••

Vista School District Office 836 Olive Avenue Vista, CA 92083

SHARED

LOCATIONS

Health & Human Services



Vista Courthouse Offices 325 South Melrose Drive Vista, CA 92081







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2016/2017



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PROJECT LIFE: Living in Freedom from **Exploitation**

ANGELA'S STORY

Human Trafficking Survivor

Angela was kidnapped into sex trafficking at 19 years-old.

As a teen mother, Angela was struggling and vulnerable when a friend convinced her to go on a trip. She didn't know that her 'friend' was a recruiter for a trafficking ring that kidnapped victims, moving them to cities where commercial sex is in demand. He quickly turned on her, and Angela was forced to work city streets until she met the quota set by her traffickers.

Traffickers deliberately target young people like Angela. They take advantage of vulnerabilities to lure their victims away from safety, and then threaten their lives and their families.

For months, Angela was sold for sex in Houston, Las Vegas, Los Angeles, and finally, San Diego. That's where she found

an opportunity to escape. Although she was constantly monitored and afraid for her life, one night she got her hands on a cell phone.

Angela called the police, who rescued her and contacted Project LIFE.

It was nearly midnight, but Project LIFE's counselor met her at the police station. Project LIFE helped Angela contact her family and tell them what had happened. Her family was overjoyed to learn that she had been located. The Project LIFE team coordinated Angela's travel plans, provided her with clothing and hygiene items, and connected her to victim services in her hometown.

Angela is now back with her family, as a survivor of human trafficking.



148

victims of human trafficking have received support through Project LIFE since 2012.

⁶⁶IAM

2016/2017



Annual Report

92%

10

of youth in Lifeline's intervention program had no entry, or re-entry, into the Juvenile Justice System, as measured by probation records at six months.

> More than **2,000** youth participated in programs from prevention through intervention this year.

> > **•** • •

"Lifeline has helped me with my self-esteem. My case manager has helped me in my communication skills and is very supportive. I'm making better decisions."

YOUTH DEVELOPMENT

GONZALO'S STORY

Avoiding Drugs and Becoming a Leader

Gonzalo is a classic example of a good kid who made a bad decision. He works hard at school but started hanging around with the wrong kids. "I was easily influenced and went along with smoking weed."

As a result, Gonzalo and his friends were stopped by police for their drug use.

This is where Mary, a case manager at North County Lifeline, stepped in to help. Mary could see that Gonzalo is smart and determined, yet struggles with self-confidence. Mary provided drug education and individual life skill sessions for Gonzalo, which kept him out of probation. Keeping kids out of the juvenile justice system is a critical component of Lifeline's intervention programs because they support strengths and goals, rather than focusing on mistakes.

Gonzalo's parents both work yet they struggle to make ends meet. Mary has helped Gonzalo with grocery shopping for his family and watched the pride and appreciation he feels by giving back.

"Lifeline has helped me with my self-esteem. My case manager has helped me in my communication skills and is very supportive. I'm making better decisions."

Gonzalo's short-term goal is to save money for a car and graduate high school in 2019. He plans to attend college and dreams of a fulfilling career. We are proud to know Gonzalo and see his potential as a leader in our community.

Annual Report

FAMILY STABILITY for Homeless Families and Foster Youth

IRENE'S STORY

Self-Sufficiency and Gratitude

Irene and her family felt isolated and alone when they became homeless, not knowing who or how to ask for help.

Through her daughter's school, Irene was connected to North County Lifeline where she found support. "I feel so confident and the guidance has made such a difference."

Irene, a single mother of two daughters, 11 and 18, was struggling financially when she moved to North County San Diego two years ago. Though she found housing initially, the family could not make ends meet.

Irene and her daughters became homeless.

Lifeline's counselors helped Irene find stable housing, employment, and adult education. "I realize there is someone who understands our situation and encourages my family." Her daughters focused on their grades, and her oldest daughter graduated last May at the top of her class.

Despite having doors close in their life, North County Lifeline helped Irene's family find a new life vision. "Project AIM has changed our lives. Now I know how to reach out, to be involved in the community, and get the help I need."

Irene's family has achieved the kind of stability that will prevent them from becoming homeless again. "I am so grateful."

68%

of families in Lifeline's homeless services program increased their income level.

75%

of foster youth in Lifeline's housing programs were attending school or working within three months of moving in.



"I AM SO GRATEFUL"

2016/2017

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North County Lifeline's family stability programs help homeless families and foster youth achieve self-reliance.



LIFELINE!

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Thank you for volunteering your time and talent!















14,600 hours of volunteer time \$360,000 in savings for Lifeline

VOLUNTEERS ARE OUR

380 VOLUNTEERS TOTAL



2016/2017



TO VOLNTEER, **PLEASE CALL** 760-842-6254 **VOLUNTEER**[@] NCLIFELINE.ORG



ADMINISTRATIVE

SUPPORT

Finance Assistants Marketing Interns **Drivers for Donation Pickups**

PROGRAM SUPPORT

Math and Science Tutors Youth Program Assistant Mediators and Attorneys

CLINICAL SERVICE

SUPPORT

MFT Trainees MSW Interns Psychology Trainees Therapists and Counselors

VOLUNTEERS EVENTS

Backpack Drive Clean-Up Days STEM Saturday Adopt-A-Family Holiday Drive

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DONORS

INDIVIDUAL AND FAMILY DONORS

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Thank you for changing lives!

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*Noth County Lifeline has a 100% Give or Get Policy. Donors in bold below are members of the Board of Directors

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Alcoholics Anonymous Community Housing Works Encinitas Rotary Club Foundation Grupo Nueva Vida The Lawyers Club of San Diego Fund for Justice at The San Diego Foundation Move Your Feet Before You Eat Foundation Oceanside Civitan Club Oceanside Firefighters Charity Fund Oceanside Parks & Recreation Community Foundation Inc. Oceanside Police Officers Association Oceanside Rotary Club Pacific Ridge Girls Basketball Rotary Club of San Luis Rey Soroptimist International Oceanside-Carlsbad Soroptimist International of San Diego Suncoast CFC #0197 United Methodist Church of Vista United Way of San Diego County VMMS Service Learning Project Voyagers Toastmasters Club #53g15 Wine and Canvas The Woman's Club of Vista

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FINANCIALS

Statement of Revenue and Expenditures

Unaudited, Fiscal Year Ending June 30, 2017

Federal	\$170,094	2%
State	\$1,118,790	13%
County	\$5,434,523	61%
City	\$211,890	2%
School	\$269,356	3%
Private Donations	\$868,039	10%
Fees, Rent, Misc., Interest	\$80,839	1%
In-Kind Contributions	\$704,613	8%
Subtotal	\$8,858,144	100%
(less) Temporarily Restricted	(\$130,230)	
(less) Campaign Pledges Receivable	(\$47,490)	
Total	\$8,680,424	



Expenditures

General Operating	\$1,226,572	14%
Fundraising	\$160,138	2%
Behavioral Health	\$1,409,105	17%
Housing and Family Stability	\$785,137	9%
Youth Development	\$2,643,277	31%
Child Abuse and Domestic Violence	\$1,971,084	23%
Mediation and Legal Clinic	\$297,833	4%
Total	\$8,493,146	100%



Annual Report

Balance Sheet

Unaudited, Fiscal Year Ending June 30, 2017 Assets

Cash	\$892,521
Temporarily Restricted Support	\$130,230
Grants Receivable	\$884,821
Other Current Assets	\$203,835
Property & Equipment at cost, less depreciation	\$1,938,477

\$4,049,884

Total Assets

Liabilities And Net Assets

Accounts Payable	\$580,256
Deferred Revenue	\$O
Mortgages Payable	\$404,106
Total Liabilities	\$984,362
Unrestricted Net Assets	\$3,065,521
Total Net Assets	\$3,065,521
Total Liabilities & Net Assets	\$4,049,883

Net Assets

	*70 4 0 0 0
Change in Unrestricted	\$364,998
Net Assets	

IMPACT

6,175 children and adults worked intensively with North County Lifeline on their path to self-reliance.

Behavioral Health (Mental Health and Substance Abuse)

1,190

Housing and Family Stability

572

Youth Development

2,484

Child Abuse and Domestic Violence

Mediation and Legal Clinic 1,157



North County Lifeline ANNUAL REPORT 2016/17

Oceanside, CA 92056 760.726.4900

Administrative Office

Oceanside

'07 Oceanside Blvd Dceanside, CA 92054 '60.757.0118

Vista

200 Michigan Avenue Vista, CA 92084 760.726.6102

www.nclifeline.org